

# N U R T U R I N G T H E N U R T U R E R S

## A Workshop with Lee Sturgeon-Day

The work of Lee Sturgeon-Day is based on the insights of Austrian philosopher and social reformer Rudolf Steiner, founder of Waldorf education, Biodynamic Agriculture, and Anthroposophical Medicine. As an adult educator and counselor, Lee offers practical and imaginative resources to help parents and caregivers nurture themselves during the stresses of daily life.

Included is a session on “Picturing” your child. The art of truly beholding our children and working imaginatively with what they are revealing to us is the most potent way of supporting their development and deepening our relationship with them.

**Saturday January 14, 2012 \* 9:00 a.m. to 12:30 p.m.**

Childcare and Refreshments Provided

**Workshop - \$30.00**

**Childcare - \$5 per child (\$10 max. per family)**

**Sponsor/Location: Church of the Crossroads (1212 University Ave., Honolulu)**

To register, please phone Kahlil Apuzen-Ito 554-8114 or email [ksaikzen@gmail.com](mailto:ksaikzen@gmail.com)  
by January 12, latest.